

Welcome to My Dental Buddy

Teacher Onboarding Guide

We're delighted to have you join My Dental Buddy! Together, we're building lifelong oral health habits through supervised toothbrushing.



Getting Started with My Dental Buddy

Follow these steps for a successful start:



Log In

Access My Dental Buddy Dashboard on your tablet, select your class and adjust numbers.



Prepare

Set up a clean space. Line up brushes and tissues, then have children wash hands and grab their brushes.



Brush

Follow the guided animation as children brush with Buddy for 2 minutes.



Clean & Record

Tap the clean-up timer and remind children to rinse brushes, spit – don't rinse and return brushes.

Key Reminders

Keep these in mind during brushing sessions:

- ✓ **Supervision:** Ensure that all brushing is supervised at all times for every group.
- ✓ **Hygiene:** Follow proper procedures for brush cleaning and storage.
- ✓ **SEND Adaptations:** Refer to our dedicated guide to make brushing accessible and enjoyable for all children.

Troubleshooting

Quick answers to common questions.

- * **No internet connection?** Perform an offline brushing session and log progress later.
- * **Need to adjust class size?** Tap the plus or minus in the Dashboard to update numbers.
- * **Still stuck?** Contact us if you're having any trouble.



We're here to ensure a smooth and successful start with My Buddy.

Happy brushing!